



February 1, 2018

## Provider News

### Updates to Diabetes Prevention and Self-Management Benefit

Effective January 23, 2018, a Referral Authorization Form (RAF) from the member's PCP is no longer required to participate in the Diabetes Prevention Program.

- \* Alliance members may now self-refer, or be referred by their PCP or Alliance staff for all diabetes prevention and self-management education services.
- \* Pre-diabetes education is an Alliance covered benefit for members of all ages, but some programs may have age limitations. The CDC's Diabetes Prevention Program is only available to members 18 years of age or older.
- \* Physicians must refer members with diabetes who are under 21 years of age to California Children's Services for all diabetes care.
- \* Physicians must refer members with gestational diabetes to Comprehensive Perinatal Services Program (CPSP) provider in the Alliance service area.
- \* The Alliance provides interpreter services to access all health services for members who speak other languages.

To support diabetes screening and prevention efforts, please download the Prevent Diabetes STAT Toolkit from the American Medical Association's website located at [ama-assn.org/sub/prevent-diabetes-stat/toolkit.html](http://ama-assn.org/sub/prevent-diabetes-stat/toolkit.html).

If you have questions, need a copy of the Diabetes Prevention and Self-Management Education benefit description, or are interested in becoming an Alliance-approved Diabetes Prevention or Diabetes Self-Management education provider, please visit the Health Education and Disease Management Programs section of the Alliance Provider website at [http://www.ccah-alliance.org/healthed\\_dm.html](http://www.ccah-alliance.org/healthed_dm.html) or contact the Alliance Health Education line at (800) 700-3874 ext. 5580.