

**Are you an Alliance member between 12 - 21 years old?
If so, find out how you can win amazing prizes...**

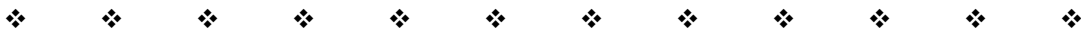


...like a new *MOUNTAIN BIKE!*

Call your doctor and make an appointment for your annual check-up, once a year, every year. With the Alliance's **Teen Tune-up Program**, Members ages 12-21 who see their doctor for a check-up will be automatically entered into a raffle for a chance to win:

- ❖ **One of five \$100 Target gift cards, or**
- ❖ **One of ten \$50 Target gift cards, or**
- ❖ **A brand new mountain bike (with helmet & lock)**

Attention Parents: Teens need a check-up every year, even if they seem well. Yearly check-ups can catch health problems early. Teens can ask questions about their body and about staying healthy.



If you need to know the name or phone number of your doctor, call our Member Services Department at **1-800-700-3874**. If you have questions about the Teen Tune-up Program, call our Health Education Line at **1-800-700-3874, Ext. 5580**.

Winners will be selected from a random drawing once every two months. Members will remain in the raffle until they win a prize or until their annual check-up, whichever comes first.